These are the first 45 high frequency words. Children should be able to read and spell these by the end of the reception year.

Ι	you	the
go	day	of
come	was	we
went	look	this
up	are	dog

me	like	going
big	she	and
they	my	see
on	away	mum
i†	at	play
no	yes	for
a	dad	can
he	am	all
is	can	get
said	to	in